



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

**Sri Venkateswara College**

(University of Delhi)

NAAC Grade A+

**SRI VENKATESWARA COLLEGE  
(UNIVERSITY OF DELHI)**

**EVENT REPORT**

NAME OF THE EVENT: SELF DEFENCE WORKSHOP FOR WOMEN			
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS' NAME
11/09/2024-13/09/2024	N/A	National Service Scheme	Dr. Jitendra V. Kalra
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid
3:30 P.M.-4:30 P.M. (Day 1 & 2) 7:45 A.M.-8:45 A.M. (Day 3)	Main Ground	60	Offline
FINANCIAL SUPPORT/ASSISTANCE (if any):	5000₹		

**BRIEF INFORMATION ABOUT THE ACTIVITY**

TOPIC/SUBJECT OF THE ACTIVITY	Self Defence Workshop for Women
OBJECTIVES	<ul style="list-style-type: none"><li>● To equip women with practical self-defense skills that can help them protect themselves in various situations.</li><li>● To raise awareness about personal safety and educate participants on recognizing and responding to potential threats.</li></ul>
METHODOLOGY	<ul style="list-style-type: none"><li>● The workshop was conducted over a period of three days, through a collaboration with Delhi Police (South West District).</li><li>● Experienced instructors from Delhi Police led the workshop, starting from the very basics to advanced self-defence techniques.</li><li>● Participants were provided with handouts, safety tips, and contact information for further support and resources.</li></ul>

<b>INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)</b>	<ul style="list-style-type: none"> <li>● Sushila, Head Constable</li> <li>● Reema, Head Constable</li> <li>● Devika, Constable</li> <li>● Poonam, Constable</li> </ul>
<b>OUTCOMES</b>	<ul style="list-style-type: none"> <li>● Participants acquired essential self-defense skills and techniques that they can apply in real-life situations.</li> <li>● Strengthened the relationship between the community and local law enforcement, demonstrating a commitment to women's safety and empowerment.</li> <li>● Participants gained more confidence and felt empowered, with a better understanding of how to handle potentially dangerous situations.</li> </ul>

**PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):**

1 Notice & Letters	2 ✓ Number of Participants & Name of participants	3 Video clip	4 ✓ Photos	5 Feedback Form & analysis
6 News clip with details	7 ✓ Sample Copy of the Certificate	8 ✓ Posters/ Invites	9 ✓ Event report Attested by Event Coordinator & IQAC Coordinator	10 Any other document

IQAC Document No: IQAC/SVC/2024-2025/NSSSOC/03	Criterion No: III and VII
Departmental File No: NSS/2024-2025/NSSSOC/03	IQAC File No: SVC/2024-25

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Dr. Jitendra V. Kalra	Dr. Jitendra V. Kalra	Prof. Vartika Mathur

For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching, Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

## REPORT

The self-defence workshop organised by NSS-SVC played a vital role in enhancing women's safety. Aimed at equipping participants with practical skills and increasing personal safety awareness, the three-day event was held in collaboration with the Delhi Police (South West District). Led by experienced instructors, the workshop covered everything from basic to advanced self-defence techniques.

Participants received handouts, safety tips, and contact information for ongoing support, ensuring a comprehensive learning experience. The outcomes were profound: women gained essential skills for real-life situations and felt more confident and empowered. Additionally, the workshop strengthened the community's relationship with law enforcement, highlighting a collective focus on women's safety.



### PERMISSION FOR ORGANIZATION OF EVENTS

- NOTE: 1. Please ensure a pre booking of the venue before getting the permission letter signed.  
2. A copy of this duly filled form signed by the TIC/ Convener, IQAC Coordinator and Principal shall be submitted to ICT and/or Caretaker for necessary action.  
3. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.

#### EVENT DETAILS

1. Name of the Department/Society/Association: National Service Scheme (NSS)
2. Name of the TIC and/or Convener: Prof./Dr./Mr./Ms. Titindya V Kalra
3. Proposed Title of the Event: Self Defence Workshop
4. Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or Community outreach Skill enhancement/others (Please specify) Workshop
5. Participants: Student-centric /Faculty/ Other stakeholders (Please specify) ✓
6. Event Type: ✓ Offline/Online/Hybrid; ✓ Indoor/Outdoor
7. Collaborating Agency /Organization (If any): Delhi Police [South Delhi District]
8. Tentative List of Speakers with affiliations: Ms. Kanta [Head Constable]  
and trainees
9. Date & Time (from - to): 11-09-2024 - 13-09-2024 Wed → 3:30 - 4:30 pm Thurs Fri → 7:45-8:45 am
10. Financial Assistance/ Funding received (if any) (Please specify amount): ₹5000
11. Proposed Budget (please attach details in a separate enclosure): Budget Attached

[ 11-9-24 (Wednesday) → 3.30 - 4.30 PM  
12-9-24 (Thursday) → 3.30 - 4.30 PM  
13-9-24 (Friday) → 7.45 - 8.45 AM ]

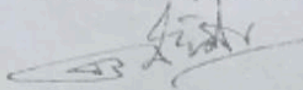
12. Faculty responsible for Geo Tagged Pictures ..... Dr. Titundua V. Kalua.....

13. Faculty responsible for Event Report ..... Dr. Titundua V. Kalua.....

14. ICT support required, if any (ICT Lab, Laptop, LCD projector)

15. Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance) Tables, chair, speaker, Mic, Board, Stand

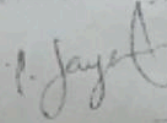
16. Venue requirement (Seminar hall/ Ground/others) College ground.....



TIC/Convenor

Date: 06/07/2024

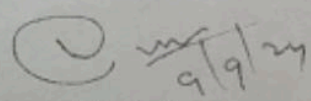
Dr. Titundua V. Kalua  
Assistant Professor  
Department of Education  
Faculty of Education  
University of Lagos  
**For official purpose**  
Comments (If any)

  
(Mr. P. Jayaraj)  
IQAC - Member

IQAC Coordinator

Date:

9/9/24



Principal

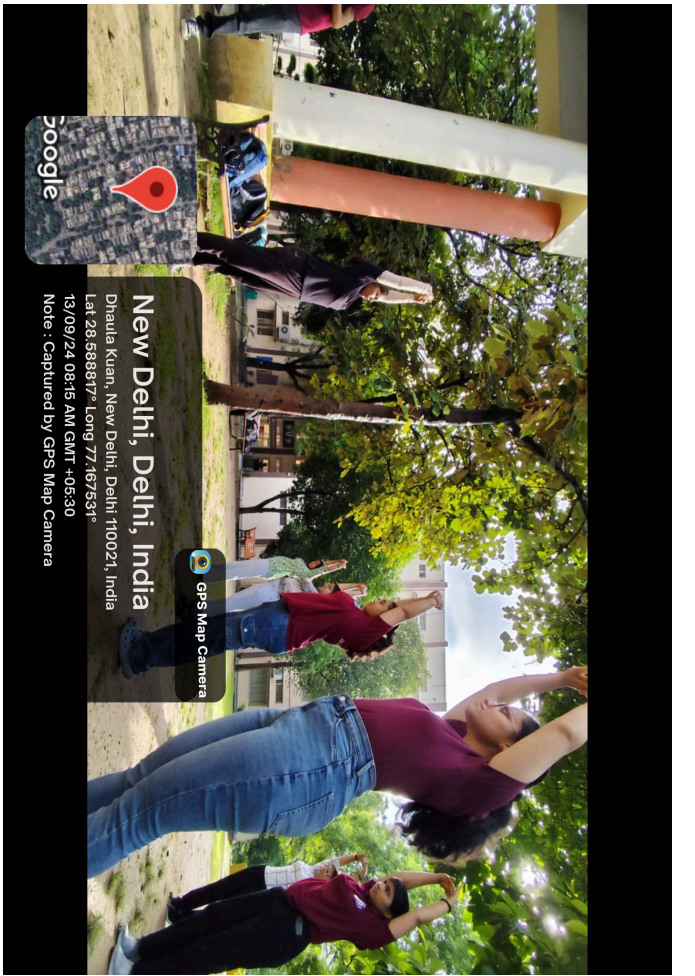
Date:



GPS Map Camera  
**New Delhi, DL, India**  
 Dhaula Kuan, New Delhi, 110021, DL, India  
 Lat 28.588674, Long 77.166480  
 09/12/2024 04:24 PM GMT+05:30  
 Note : Captured by GPS Map Camera



GPS Map Camera  
**New Delhi, Delhi, India**  
 Dhaula Kuan, New Delhi, Delhi 110021, India  
 Lat 28.588817° Long 77.167531°  
 13/09/24 08:15 AM GMT +05:30  
 Note : Captured by GPS Map Camera



GPS Map Camera  
**New Delhi, Delhi, India**  
 Dhaula Kuan, New Delhi, Delhi 110021, India  
 Lat 28.588817° Long 77.167531°  
 13/09/24 08:15 AM GMT +05:30  
 Note : Captured by GPS Map Camera



**NATIONAL SERVICE SCHEME  
SRI VENKATESWARA COLLEGE**



in collaboration with

**DELHI POLICE**  
(SOUTH WEST DISTRICT)

is organising

**A THREE DAY LONG**

# Self-Defence Workshop



11th Sept. : 3:30PM-4:30PM

12th Sept. : 3:30PM-4:30PM

13th Sept. : 7:45AM-8:45AM



**Main  
Ground**

**DR. JITENDRA V. KALRA**  
(PROGRAMME OFFICER, NSS-SVC)

**PROF. V. RAVI**  
(PRINCIPAL)



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**ATTENDANCE SHEET (NSS VOLUNTEERS)**

S.NO.	NAMES OF NSS VOLUNTEERS	HOURS
1	Aryavart Ahlawat	4.5
2	Mahima Kalla	3
3	Rimjhim Dhingra	3
4	Vipra Chaurasiya	4.5
5	Reva Ghosh	3
6	Ansh Singh Negi	4.5
7	Ahana Tiwari	1
8	Akansha Behera	2
9	Nikhil Prasad	3
10	Dhruv Mehta	4.5
11	Gurupriya	2
12	Sagar Negi	4.5
13	Kosar Chandpuri	1
14	Prasam Singhvi	3
15	Prachi Jindal	2
16	Aryan Punia	3.5
17	Abhishek Pratap Singh	2
18	Richa Yadav	3
19	Sanket Arora	2
20	Diya Goyal	2
21	Shanu Pandey	4.5
22	Utkarsh Prakash	2
23	Kritika Yadav	1
24	Yash Mehta	2
25	Vaishali Arya	2
26	Sakshi Sahu	2
27	Ramsha Khan	2
28	Parth Singh	2
29	Miraya Goel	2
30	Lawanya Gaur	4.5
31	Kashvi Shukla	2
32	Jayant	2
33	Ishika	2
34	Anushka Sharma	4.5





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**ATTENDANCE SHEET**

**TITLE OF THE EVENT:** Self Defense Workshop

**DATE OF THE EVENT:** 11-09-2024

**NAME OF THE DEPARTMENT/ SOCIETY:** National Service scheme

**NAME OF THE EVENT COORDINATOR:** Dr Jitendra Veer kabra

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE
1	Lipi Chamoli	1324055	FY Biosciences	Lipi
2	Meha Tandon	1324044	" "	Meha
3	Kansika Gupta	1324045	" "	Kansika
4	Abhishhek Pratap	1423043	BSc (H) Electronics	A
5	Ayush	1723100	B.Sc (H) Maths	Ayush
6	Kaushal	1023078	B.com (Hons)	Kaushal
7	Arun K	0922085	B.Com (H)	Arun
8	Chaitanya Mehra	1722101	Maths (H) / III <sup>rd</sup> year	Chaitanya
9.	Parth Singh	0322039	Hindi Hons III <sup>rd</sup> year	Parth
10.	Yash Mehra	1123180	B.Sc (H) Life & IT	Yash
11.	Sanket Arora	1822006	B.Sc (H) Electronics III <sup>rd</sup> year	Sanket
12	Ash Singh Negi	1822015	BSc Phy (H)	Ash
13	Ananya H	1522030	BSc (Chemistry)	Ananya
14	Rena Ghosh	0522015	BACH) Economics	Rena
15	Rimilim	1122039	BSc Life Science	Rimilim
16	Vaibha Mangya	0222908	B.A. (Prog)	Vaibha
17	Pranshu Singh	1822048	B.Sc (H) Phy	Pranshu
18	Kifaya Chaudhary	0223060	BA (H) Engg	Kifaya
19	Aman Pandey	0322061	BA (H) Hindi	Aman
20	Akshay Bohara	0822038	BA (H) Sociology	Akshay
21	Kansika Sharma	0822009	"	Kansika
22	Vaishnavi	1522018	BSc (H) Chem	Vaishnavi
23	Sagar	1522044	BSc (H) Chem	Sagar
24	Akhya	0222003	Eng (H)	Akhya
25	Ananya	0223014	Eng (H)	Ananya
26	Vaishali	1122009	B.Sc Life Science	Vaishali
27	Tanisha	1524032	BSc (H) Chem	Tanisha
28	Vaishali	1723082	BSc (H) Maths	Vaishali
29	Utkarsh	0522033	B.A (H) Eco	Utkarsh
30	Rishi Yadav	0223088	English (H)	Rishi
31	Suhani Rao	1423015	Botany (H)	Suhani
32	Sohika	0923010	B.COM (P)	Sohika
33	Riya	0222045	B.A. (H) Eng	Riya
34	Kamsha	1123088	Bsc Life Scienc	Kamsha

Contact Number



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ATTENDANCE SHEET

TITLE OF THE EVENT: Self Defense Workshop

DATE OF THE EVENT: 12-09-2024

NAME OF THE DEPARTMENT/ SOCIETY: National Service Scheme (NSS)

NAME OF THE EVENT COORDINATOR: Dr. Jitendra Veer kakra

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE	Contact No
1	Rena G. Kashw	0522015	BA(H) Economics	Rena	9999980618
2	Anjali	1522030	BSc(H) Chemistry	Anjali	7206215620
3	SANAR NEELI	1522044	BSc(H) CHEMISTRY	Sagar	8455051553
4	KASHVI SHUKLA	1223054	BSc(H) BIOCHEMISTRY	Kashvi	7827464563
5	Parasham Singh	1222018	BSc(H) Phy	Parasham	7976521911
6	Vidya Choudhary	0223060	BA(H) Political Sci	Vidya	9131333806
7	Shreya Mehta	1722101	B.Sc(H) Maths	Shreya	8802421777
8	Atulit Agarwal	1723024	" - 2nd	Atulit	6397858659
9	Nikhil Patil	1723137	" 2nd	Nikhil	6204089354
10	Krutika	1422017	BSc Botany hon	Krutika	8735770737
11	Ansh	1822015	BSc Phy (H)	Ansh	9456087006
12	Makima	1122012	BSc Edu	Makima	9653819232
13	Anushka Sharma	0822007	B.A (Hons) Sociology	Anushka	9717159058
14	Laxanya	1123104	B.Sc Life Science	Laxanya	
15	Nagshani	0623019	History Hon	Nagshani	6900314061
16	Meha	1324047	BSc (Hons) Music	Meha	7311246
17	Adya	1324062	BIO SCIA	Adya	96104647
18	Swathi	1124097	BSc IS 1st yr	Swathi	9560603600
19	Sakshi Kumari	1124101	B.S.L.S 1st yr	Sakshi	9315451236
20	Juhi Agarwal	0224010	BA(H) English 1st yr	Juhi	9891716346
21	Tanushika	1324005	BSc Bio Science	Tanushika	9711242864
22	Makima Noy	1324017	"	Makima	8851372730
23	Rima	1324043	"	Rima	8700043246
24	Aditi	1324002	"	Aditi	9852008222
25	Asiti	1324028	"	Asiti	8743830219
26	Vaibavi	1723081	BSc(H) Maths	Vaibavi	8273983033
27	Samadha	1723123	BSc(H) Maths	Samadha	9721012001



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NAAC Grade A+

ATTENDANCE SHEET

TITLE OF THE EVENT: Self defense workshop

DATE OF THE EVENT: 13-09-2024

NAME OF THE DEPARTMENT/ SOCIETY: National Service Scheme (NSS)

NAME OF THE EVENT COORDINATOR: Dr. Jitendra Veerababu

S.NO.	NAME OF THE STUDENT	ROLL NO. OF THE STUDENT	COURSE AND YEAR	SIGNATURE	Contact No-
1.	Nikhil Borra	1723137	B.Sc. Maths 1 <sup>st</sup> Year	Nikhil	620498325
2	Janyaika	1524037	BSc Chem	Janyaika	8708629849
3	Dhruv Mehta	1722101	B.Sc. Maths 3 <sup>rd</sup> Year	Dhruv	8802425777
4	Rimhim	1122039	B.Sc. Maths	Rimhim	9311605221
5	Vipran Chatterjee	0223060	BA (H) English	Vipran	9131333806
	<del>Abhinav</del>				
7	Ansh Singh Arora	1822015	B.Sc. Phy (H)	Ansh	9456087086
8	Nandini Das	0623019	BA(H) History	N Das (6900)	3640065
9	Rakshikunthi	1124101	B.Sc. 1 <sup>st</sup> Sem	Rakshikunthi	9315451236
10	Surbhi	1124097	B.Sc. Life Science	Surbhi	9560603600
11	Tanishka	1324005	B.Sc. Bio Science	Tanishka	9711242864
12	Anshika	1123119	B.Sc. Life Science	Anshika	9990479661
13	Eka	1723126	B.Sc. (H) Maths	Eka	9818221921
14	Aditi Joshi	1324002	B.Sc. (H) Biocience	Aditi	9882008222
15	Lavanya	1123104	B.Sc. Life Science	Lavanya	9650333150
16	Mounika Reddy	0822038	BA (H) Socio	Mounika	8917286405
17	Anushka Sharma	0822007	BA (H) Socio	Anushka	9717159058
18	Priyanshi	0223016	BA (H) Eng	Priyanshi	879858587
19	Shamli Parthiv	0322061	BA (H) Hindi	Shamli Parthiv	9142097214
20	Arya Vasth	1522030	B.Sc. Chemistry	Arya	7206216626
21	Ravi Ghosh	0522015	BA (H) Economics	Ravi	9999980618
22	Sagar Mehta	1522044	B.Sc. (H) Chemistry	Sagar	8445051589
23	Prasanna Singh	1822048	B.Sc. (H) Physics	Prasanna	7976521911
24	Manima	1122012	B.Sc. Life Science	Manima	9653819232
25	Kashvi	1222054	B.Sc. Biochemistry	Kashvi	7827464563
26	Kritika	1422047	B.Sc. (H) Botany	Kritika	8755770751
27	Vaishali	1722081	B.Sc. (H) Maths	Vaishali	8275485039



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## **CERTIFICATE**

This is to certify that the **Self Defence Workshop for Women** in collaboration with **Delhi Police** was successfully conducted from **September 11th, 2024** to **September 13th, 2024** by **National Service Scheme** in the **Offline** mode and its event report has been submitted to IQAC for records.

Event In-Charge

IQAC Coordinator

Coordinator, IQAC  
Sri Venkateswara College  
(University of Delhi)  
Dhaura Kuan, New Delhi-110021

Principal

ప్రధానాచార్య  
Principal  
శ్రీ వేంకటేశ్వర మాహావిద్యాలయ  
Sri Venkateswara College  
దిల్లీ విశ్వవిద్యాలయ / University of Delhi  
ధౌలా కుఆ, నई దిల్లీ / Dhaura Kuan, New Delhi-21